I claim:

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- 1. Apparatus, comprising:
- a support for supporting a user in viewing images in a standing, seated, or reclining posture; and a moveable headrest mounted on or with respect to said support for supporting a head of said user in executing head movements from a changing direction.
- 2. The apparatus of claim 1, further comprising a display for providing said images for said viewing from said changing direction.
- 3. The apparatus of claim 1, further comprising an actuator for moving said moveable headrest.
- 4. The apparatus of claim 2, further comprising an actuator for moving said moveable headrest.
- 5. The apparatus of claim 4, further comprising a sensor for sensing movements of said moveable headrest.
- 6. The apparatus of claim 1, further comprising a sensor for sensing said movements from a changing direction.
- 7. The apparatus of claim 1, wherein said support is moveable by an actuator.

8. Apparatus, comprising:

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a sensor coupled to a moveable headrest for supporting a user's head, responsive to head

movements of the user, for providing a sensed signal having a magnitude indicative of differing directions-of-view corresponding to said head movements;

a reality engine, responsive to said sensed signal, for providing an image signal indicative of a sequence of images from differing directions-of-view selected according to said sensed signal and corresponding thereto; and

a display, responsive to said image signal, for providing said sequence of images for viewing by said user from said differing directions-of-view.

9. Apparatus, comprising:

a reality engine, responsive to a start command signal, for providing an image signal indicative of a sequence of images from differing directions-of-view and for providing an actuator command signal corresponding thereto;

a display, responsive to said image signal, for providing said sequence of images for viewing by said user from said differing directions-of-view; and

an actuator, responsive to said actuator command signal, for moving a headrest supporting a user's head with movements corresponding to said differing directions-of-view.